

Kanchnar



Latin name- Bauhinia variegata

Family - Caesalpinioideae family (Simbi Kula).

Vernacular names-

Hindi name -Kachanar

Bengali name Kanchana

Marati name Koral

Telugu name Devakanchanamu

Tamil name Mandare

Gujarati name - Chapmakati

Malayalam name Koral, kanchan

Synonyms -

Kanchanara, Gandari ,Chamarika ,Karbudara, Svalpakesari, Kovidara, Yugmapatraka .

Classical categorization:

Charaka Samhita - Vamanopaga,

Sushruta Samhita - Kashayavarga,Urdhvabhagahara

Distribution: The plant is available throughout India up to 4000 feet height.

Morphology-

small tree,Stem Woody, aerial, erect, branched, cylindrical and rough

Leaf Alternate, simple, stipulate, cordate, entire, long, wide, minutely hairy

Inflorescence - Panicle cyme

Flower - Complete, bisexual, pink

coloured 5 petals, 5 sepals

Fruit Legume or pod

Useful part - Stem bark

Phyto constituents

Stem bark contain - Beta sitosterol, stigmasterol

Seeds contain - myricetol

Varieties

White Bauhinia variegata

Red - Bauhinia purpurea

Yellow Bauhinia tomentosa.

Medicinal qualities-

Guna - Laghu ,Rooksha

Rasa - Kashaya

Vipaka - Katu

Veerya -Sheeta

Prabhava - Special effect - Gandamala
nashana

Effect on Tridosha - Relieves Kapha and Pitta

Part used:

stem bark, flowers

Dose: - Bark powder - 250 mg - 3 gram

Water decoction / kashayam / infusion 50-10 ml.

Formulations-

Kanchnar Guggul ,Chandanasava ,Chitrakadi Taila ,Ushirasava ,

Mutra Sangrahaniya Kwatha,

Gandamala Kandana Rasa

Indications -

Grahi, Krumighna ,Kushtaghna,

Gudabhramsha ,Gandamala ,

Pittasra ,Pradara ,Kasanut