

Sudarshana



Latin name- *Crinum latifolium* Linn.

Family- Amaryllidaceae

Vernacular names-

Hindi name- Sudarshan, Chindar, Kanmu, Kunwal, Pindar, Kanwar, Barakanwar, English name- Milk and Wine Lily, pink-striped trumpet lily

Bengali name- Sukhadarshana, Barakanur, Bada Kanod

Gujarati name- Nagadamani, Nagrikanda Kannada name- Sudarshana, Visha Mungali,

Malayalam name- Pulattali, Polataali, Kantenna, Vishamula.

Marathi name- Nagdaun, Gadambi kanda Tamil name- Visha Pungil, Visha Mungil,

Telugu name- Kesara Chettu, Vishamugali Urdu name- Nagadaman, Nagdauna

Synonyms-

Bala Mota, Chakrahwa, Durdarshana,

Jambhati, Jambu, Kandali, Medhi, Meshaka,

Naagadhamani, Rakta pushpi,

Ratna maala, Viphala. Visha mandala, Vritta pushpa.

Morphology

It is a small plant growing to a height of 2-3 feet. The leaves are big, growing to a length of 2-4 feet and 3-4 inches wide.

The leaves emerge from the rhizome and resemble emerging from the ground. The flowering stems are stout, reaching about 2 m in height. The flowers have white color and pinkish tinge, emerge from the middle stalk and arranged in an umbel. The fruits are round, 2-2.5 inch in diameter having 10-12 seeds inside. The plant is found all over India in the temperate climate especially Central India.

Properties-

Rasa - Madhura , Tikta

Guna - Ruksha , Teekshna

Vipaka - Madhura

Veerya - Ushna

Karma - Kaphavata shamaka

Part used- Leaf, Rhizome

Dosage-

Rhizome powder- 1 to 3 g

Leaf juice- 5 to 10 ml

Chemical composition-

The rhizome of the plant contains Glucans A & B, Alkaloids-zeylamine crinofoline, crinofolidine, tazetine, flexinine, harmenthamine, ambelline, galanthamine. The leaves contain alkaloids Latifine, Cherilline, 3-o-acetalamine, crinomine and crinine.